

How plasma therapy is helpful for you

Millions of people around the world suffer from chronic pain problems such as Arthritis, Plantar Fasciitis, Neck and Back pain. In this condition, people take pain killers, cortisone shots, Chiropractors, or even acupuncture to get relief from their chronic pain. But these treatments are best to get relief for short period. After few months, the pain comes back. With the development of technology medical science, scientist has found a new therapy to get relief from these problems this therapy is known as PRP Injections (platelet rich plasma injections), because of its fast relief technique it has gained much popularity among people. Number of sportsman also takes the benefit from this therapy. This is the main reason of becoming this therapy popular. [PRP Therapy Centers](#) are available for these kinds of therapies.

PRP therapy is the best and very suitable if you are suffering from ankle and foot problems. Plantar fasciitis is the tearing and inflammation of the ligament in ankle. The pain of plantar fasciitis is unbearable and your heel can be swollen and tender. The pain can be light in the morning when you place your feet for the first time on ground but after two or three days, the swelling reduces considerably and the pain becomes dull. The planter fascia supports the arc on the bottom on the foot and the condition progresses to planter fasciitis.

On the other hand, Achilles tendonitis is similar to a planter fasciitis. It is the inflammation and tear of tendons. It is mainly occurred on the back portion of your heel. This is also very painful like a planter fasciitis. The infected area remains sore and gives you a sharp pain when you walk on the ground especially during climbing on the stairs. After sometime, the swelling and the pain reduce and gives way to nodule. Then the Achilles tendinosis progression starts. In this progression, body starts to transferring blood in the affected area. This cause stem cell to do the act of cleaning up the damaged tissue for initiating the process of healing and here is the role of platelet rich plasma injection is to speed up this process of healing.

The platelets used in the therapy are helpful in healing process because they include growing factors. For more information about how PRP Therapy helps to heal the affected area [click here](#).

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